

# EUCCHARISTIC ADORATION



## **Centre for the establishment of Eucharistic Adoration**

Greetings Father,

Since prayer helps to save and sanctify souls, Eucharistic Adoration is an excellent means of achieving this, given that at least one person will be praying during extended exposition of the Real Presence of Jesus in the Blessed Sacrament.

Saint Pope John Paul II greatly desired perpetual adoration to be established in every parish. The incredible and countless fruits evidenced in parish communities where we have already established adoration chapels and programs, continues to amaze us.

Clergy and parishioners experience tremendous graces through the power and peace of adoration of Jesus truly present in the great mystery of the Most Blessed Sacrament. Parish life, vocations and souls are inspired and nourished through this constant vigil and legacy of prayer.

Mainly what is needed is your "Yes" to allowing this in your parish. The ways for starting or expanding adoration that we are offering below help to alleviate extra work for parish clergy and staff.

An ecclesiastically approved Adoration start-up manual for adoration coordinators and parishes and other resources are on or linked to our website at: <https://eucharisticadorationcanada.com/coordinator-resources/>

### **Ways to Establish or Increase Adoration Include:**

- 1). Invite us, to help from a distance/remotely, to organize an adoration Sign-Up weekend/mission at your parish. Parish clergy can preach the Sign-Up sermon, and/or a parishioner may be able to give an adoration appeal, that we will provide with Sign-Up Instructions. Several sample versions will be provided. At each Mass on the weekend, Invitations to commit to taking a weekly holy hour are handed out to all the faithful, along with pencils, and completed on the weekend. According to your local coronavirus legislation,

other sign-up methods such as online form, website, telephone, text message, table etc. can be implemented. In addition, we provide advance instructions, all of the required organizational documents/resources and follow up. We help to recruit and train a coordinating team of laity from within each parish who will thoroughly coordinate the adoration and report back to you when requested or necessary. We can lead or provide detailed instructions for your coordinators' organizational training meeting by phone, email or video conference.

2). Invite us (Eucharistic clergy or a lay missionary/speaker) to visit in-person to organize an Adoration Invitation Sign-Up Weekend/mission at your parish. The rest is the same as option 1, except it can be provided in-person.

3). Find out if your diocese has appointed a local Eucharistic priest or speaker to help establish adoration in parishes or who is willing to help you to organize your Sign-Up. Parish clergy can preach the Sign-Up sermon. In 2007, the Congregation for the Clergy proposed that “each diocese appoint a priest who will devote himself full time – as far as possible – to the specific ministry of promoting Eucharistic adoration and coordinating this important service in the diocese.”

4). “Do It Yourself” (DIY) Sign-Up weekend. Study and use the Coordinator Resources on and linked to our website to organize your own Adoration Sign-Up weekend. Parish clergy can preach the Sign-Up sermon.

*Pastors are amazed that usually 25-50% of adult parishioners sign-up for a weekly holy hour. The response from your Sign-Up Weekend and the parish priest's final decision, will determine the number of days and hours that exposition of the Blessed Sacrament will take place, either partial (part-time holy hours) or round-the-clock perpetual adoration.*

Our Eucharistic centre would be grateful to assist in establishing more adoration at your parish. Inviting our apostolate will help to keep the momentum going, while ensuring that adoration gets established and is well organized.

To schedule a Eucharistic Adoration Sign-Up Weekend you can contact us at:

**Website**

**Email: [perpetualadoration@outlook.com](mailto:perpetualadoration@outlook.com)**

**Telephone: 1 (800) 784-9550 or (416) 527-0839**