

Our Lord Himself sent His Apostles back to Jerusalem to await in prayer the coming of the Holy Spirit on the first Pentecost.

Special Intention: *“Johanninise the souls of our priests and bishops. Please, Lord, grant a Priestly Pentecost.”*

## **Novena to the Holy Spirit**

**(Nine days leading up to Pentecost or at any time)**

O Holy Spirit, divine Spirit of light and love, I consecrate to Thee my understanding, my heart and my will, my whole being for time and for eternity.

May my understanding be always submissive to Thy heavenly inspirations and to the teachings of the holy Catholic Church, of which Thou art the infallible guide.

May my heart be ever inflamed with love of God and of my neighbour.

May my will be ever confirmed to the divine will, and may my whole life be a faithful imitation of the life and virtues of our Lord and Saviour Jesus Christ, to whom with the Father and Thee be honour and glory forever.

Amen.

*Catholic Prayerbook with Meditations*, Fr. John A. Hardon

To encourage devotion to the Holy Spirit, the Church has granted the following indulgences:

“Those who make a private novena in honour of the Holy Spirit, either before the Solemn Feast of Pentecost or at any other time in the year, may also gain a partial indulgence for themselves or as an offering for the intentions of the faithful departed.”

“The faithful who devoutly assist at the public novena in honour of the Holy Spirit immediately preceding the Solemn Feast of Pentecost may gain a partial indulgence for themselves or as an offering for the intentions of the faithful departed.”

Longer versions of the Church’s Novena in honour of the Holy Spirit are below

Version 2

## **Novena to the Holy Spirit**

Holy Spirit, third Person of the Blessed Trinity,  
Spirit of truth, love, and holiness,  
proceeding from the Father and the Son,  
and equal to Them in all things,  
I adore Thee with all my heart.

Holy Spirit, confiding in Thy deep,  
personal love for me,  
I am making this novena for the following request,  
if it should be Thy holy Will to grant it:

(State Your request here...)

Teach me, Divine Spirit,  
to know and seek my last end;  
grant me the holy fear of God;  
grant me true contrition and patience.  
Do not let me fall into sin.  
Give me an increase of faith, hope, and charity,  
and bring forth in my soul  
all the virtues proper to my state of life.

Make me a faithful disciple of Jesus  
and an obedient child of the Church.  
Give me efficacious grace  
sufficient to keep the Commandments  
and to receive the Sacraments worthily.  
Give me the four Cardinal Virtues,  
Thy Seven Gifts,  
Thy Twelve Fruits.  
Raise me to perfection in the state of life  
to which Thou hast called me  
and lead me through a happy death to everlasting life.  
I ask this through Christ our Lord.

Holy Spirit, Divine Spirit of light and love,  
I consecrate to Thee my understanding,  
heart, and will, my whole being,  
for time and for eternity.  
May my understanding be always submissive  
to Thy heavenly inspirations  
and to the teaching of the Catholic Church,

of which Thou art the infallible Guide.  
May my heart be ever inflamed with the love of God  
and of my neighbour.  
May my will be ever conformed to the Divine Will.  
May my whole life be faithful  
to the imitation of the life and virtues of our Lord and Saviour Jesus Christ,  
to Whom with the Father and Thee  
be honour and glory forever.

God, Holy Spirit, Infinite Love of the Father and the Son,  
through the pure hands of Mary,  
Thy Immaculate Spouse,  
I place myself this day,  
and all the days of my life,  
upon Thy chosen altar,  
the Divine Heart of Jesus,  
as a sacrifice to Thee, consuming fire,  
being firmly resolved now more than ever  
to hear Thy voice  
and to do in all things Thy most holy and adorable Will.

#### For the Seven Gifts of the Holy Spirit

Blessed Spirit of Wisdom,  
help me to seek God.  
Make Him the centre of my life and order my life to Him,  
so that love and harmony may reign in my soul.

Blessed Spirit of Understanding,  
enlighten my mind,  
that I may know and love the truths of faith  
and make them truly my own.

Blessed Spirit of Counsel,  
enlighten and guide me in all my ways,  
that I may always know and do Thy holy Will.  
Make me prudent and courageous.

Blessed Spirit of Fortitude,  
uphold my soul in every time of trouble or adversity.  
Make me loyal and confident.

Blessed Spirit of Knowledge,  
help me to know good from evil.  
Teach me to do what is right in the sight of God.  
Give me clear vision and firmness in decision.

Blessed Spirit of Piety,  
possess my heart,  
incline it to a true faith in Thee,  
to a holy love of Thee, my God,  
that with my whole soul I may seek Thee,  
Who are my Father, and find Thee,  
my best, my truest joy.

Blessed Spirit of Holy Fear,  
penetrate my inmost heart  
that I may ever be mindful of Thy presence.  
Make me fly from sin,  
and give me intense reverence for God  
and for my fellow men who are made in God's image.

### Prayer

Grant, we beg of Thee, Almighty God,  
that we may so please Thy Holy Spirit by our earnest prayers,  
that we may, by His grace,  
be freed from all temptations and merit  
to receive the forgiveness of our sins.  
Through Christ our Lord.

Amen.

Say 1 Our Father, Hail Mary and Glory Be

Come Holy Spirit, fill the hearts of Thy faithful,  
enkindle in them the fire of Thy Love.  
Send forth Thy Spirit and they shall be created,  
and Thou shalt renew the face of the earth.

Let us pray.

O God, Thou hast taught the hearts of Thy faithful people  
by sending them the light of Thy Holy Spirit.  
Grant us by the same Spirit to have a right judgment in all things  
and evermore to rejoice in His holy comfort.  
Through Christ our Lord.

Amen.

Version 3

## **Novena in Honour of the Holy Spirit**

Act of Oblation to the Holy Spirit  
TO BE RECITED DAILY DURING THE NOVENA

ON MY KNEES before the great cloud of heavenly witnesses, I offer myself body and soul to Thee, eternal Spirit of God. I adore the brightness of Thy purity, the unerring keenness of Thy justice and the might of Thy love. Thou art the strength and light of my soul. In Thee I live and move and have my being. I desire never to grieve Thee by unfaithfulness to grace, and I pray with all my heart to be kept from the smallest sin against Thee. Make me faithful in every thought, and grant that I may always listen to Thy voice, watch for Thy light, and follow Thy gracious inspirations. I cling to Thee and give myself to Thee, and I ask Thee by Thy compassion to watch over me in my weakness. Holding the pierced feet of Jesus, looking at His five Wounds, trusting in His Precious Blood and adoring His opened side and stricken Heart, I implore Thee, adorable Spirit, Helper of my infirmity, so to keep me in Thy grace that I may never sin against Thee with the sin which Thou wilt not forgive. Grant to me the grace, O Holy Spirit, Spirit of the Father and of the Son, to say to Thee always and everywhere, "Speak, Lord, for Thy servant hears." Amen. (After a prayer by Cardinal Newman)

Prayer for the Seven Gifts of the Holy Spirit

TO BE RECITED DAILY DURING THE NOVENA

O LORD JESUS CHRIST, Who before ascending into Heaven didst promise to send the Holy Spirit to finish Thy work in the souls of Thine Apostles and Disciples, deign to grant the same Holy Spirit to me, that He may perfect in my soul the work of Thy grace and Thy love. Grant me the Spirit of Wisdom, that I may despise the perishable things of this world and aspire only after the things that are eternal; the Spirit of Understanding, to enlighten my mind with the light of Thy Divine truth; the Spirit of Counsel, that I may ever choose the surest way of pleasing God and gaining Heaven; the Spirit of Fortitude, that I may bear my cross with Thee and that I may overcome with courage all the obstacles that oppose my salvation; the Spirit of Knowledge, that I may know God and know myself and grow perfect in the science of the Saints; the Spirit of Piety, that I may find the service of God sweet and amiable; the Spirit of Fear, that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, Dear Lord, with the sign of Thy true disciples, and animate me in all things with Thy Spirit. Amen.

**FIRST DAY**

O Holy Spirit! Lord of light!  
From Thy clear celestial height,  
Thy pure and beaming radiance give!

### The Holy Spirit

Only one thing is important-----eternal salvation. Only one thing, therefore, is to be feared-----sin. Sin is the result of ignorance, weakness, and indifference. The Holy Spirit is the Spirit of Light, of Strength, and of Love. With His sevenfold gifts He enlightens the mind, strengthens the will, and inflames the heart with love of God. To ensure our salvation we ought to invoke the Divine Spirit daily, for "The Spirit helpeth our infirmity. We know not what we should pray for as we ought. But the Spirit Himself asketh for us."

### Prayer

Almighty and eternal God, Who hast vouchsafed to regenerate us by water and the Holy Spirit, and hast given us forgiveness of all sins, vouchsafe to send forth from Heaven upon us Thy sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.

### Pray:

- 1 Our Father and Hail Mary
- 7 Glory Be to the Father
- Act of Oblation (above)
- Prayer for the Seven Gifts (above)

## SECOND DAY

Come, Thou Father of the poor!  
Come, with treasures which endure!  
Come, Thou light of all that live!

### The Gift of Fear

The gift of Fear fills us with a sovereign respect for God, and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of Hell, but from sentiments of reverence and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God. "They that fear the Lord will prepare their hearts, and in His sight will sanctify their souls."

## Prayer

Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set Thee, my Lord and God, before my face forever; help me to shun all things that can offend Thee, and make me worthy to appear before the pure eyes of Thy Divine Majesty in Heaven, where Thou livest and reignest in the unity of the ever Blessed Trinity, God, world without end. Amen.

## Pray:

- 1 Our Father and Hail Mary
- 7 Glory Be to the Father
- Act of Oblation (above)
- Prayer for the Seven Gifts (above)

## THIRD DAY

Thou of all Consolers best,  
Visiting the troubled breast,  
Dost refreshing peace bestow.

## The Gift of Piety

The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible Head, our parents and superiors, our country and its rulers. He who is filled with the gift of Piety finds the practice of his religion, not a burdensome duty, but a delightful service. Where there is love, there is no labour.

## Prayer

Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen.

## Pray:

- 1 Our Father and Hail Mary

- 7 Glory Be to the Father
- Act of Oblation (above)
- Prayer for the Seven Gifts (above)

## **FOURTH DAY**

Thou in toil art Comfort sweet,  
Pleasant coolness in the heat,  
Solace in the midst of woe.

The Gift of Fortitude

By the gift of Fortitude the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to undertake without hesitancy the most arduous tasks, to face dangers, to trample under foot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation. "He that shall persevere unto the end, he shall be saved."

Prayer

Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good. Amen.

Pray:

- 1 Our Father and Hail Mary
- 7 Glory Be to the Father
- Act of Oblation (above)
- Prayer for the Seven Gifts (above)

## **FIFTH DAY**

Light immortal! Light Divine!  
Visit Thou these hearts of Thine,  
And our inmost being fill.

## The Gift of Knowledge

The gift of Knowledge enables the soul to evaluate created things at their true worth---- in their relation to God. Knowledge unmask the pretense of creatures, reveals their emptiness, and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity, and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first, and prize the friendship of God beyond all else. "Knowledge is a fountain of life to him that possesseth it."

### Prayer

Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee, and Thy eternal rewards. Amen.

### Pray:

- 1 Our Father and Hail Mary
- 7 Glory Be to the Father
- Act of Oblation (above)
- Prayer for the Seven Gifts (above)

## SIXTH DAY

If Thou take Thy grace away,  
Nothing pure in man will stay;  
All his good is turned to ill.

## The Gift of Understanding

Understanding, as a gift of the Holy Spirit, helps us to grasp the meaning of the truths of our holy religion. By faith we know them, but by Understanding we learn to appreciate and relish them, It enables us to penetrate the inner meaning of revealed truths and, through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to "walk worthy of God in all things pleasing, and increasing in the knowledge of God."

### Prayer

Come, O Spirit of Understanding, and enlighten our minds, that we may know and

believe all the mysteries of salvation; and may merit at last to see the eternal light in Thy Light; and in the light of glory to have a clear vision of Thee and the Father and the Son, Amen.

Pray:

- 1 Our Father and Hail Mary
- 7 Glory Be to the Father
- Act of Oblation (above)
- Prayer for the Seven Gifts (above)

## SEVENTH DAY

Heal our wounds, our strength renew;  
On our dryness, pour Thy dew;  
Wash the stains of guilt away.

### The Gift of Counsel

The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must be done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Catholic citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. "Above all these things, pray to the Most High, that He may direct thy way in truth."

Prayer

Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Thy holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Thy Commandments to that goal of eternal life for which I long. Amen.

Pray:

- 1 Our Father and Hail Mary
- 7 Glory Be to the Father
- Act of Oblation (above)
- Prayer for the Seven Gifts (above)

## EIGHTH DAY

Bend the stubborn heart and will;  
Melt the frozen, warm the chill;  
Guide the steps that go astray.

### The Gift of Wisdom

Embodying all the other gifts, as charity embraces all the other virtues, Wisdom is the most perfect of the gifts. Of wisdom it is written "all good things came to me with her, and innumerable riches through her hands." It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things Divine, in the appreciation of which earthly joys lose their savor, whilst the Cross of Christ yields a Divine sweetness according to the words of the Saviour: "Take up thy cross and follow me, for My yoke is sweet and My burden light."

### Prayer

Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them for ever. Amen.

### Pray:

- 1 Our Father and Hail Mary
- 7 Glory Be to the Father
- Act of Oblation (above)
- Prayer for the Seven Gifts (above)

## NINTH DAY

Thou, on those who evermore  
Thee confess and Thee adore,  
In Thy sevenfold Gifts descend.

Give them comfort when they die;  
Give them life with Thee on high;  
Give them joys which never end. Amen.

## The Fruits of the Holy Spirit

The gifts of the Holy Spirit perfect the supernatural virtues by enabling us to practice them with greater docility to Divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Spirit, our service becomes more sincere and generous, the practice of virtue more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Spirit. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

### Prayer

Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary in the service of God, but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son. Amen.

### Pray:

- 1 Our Father and Hail Mary
- 7 Glory Be to the Father
- Act of Oblation (above)
- Prayer for the Seven Gifts (above)