

St. Sister Faustina (1905 to 1938)

Known as the "Apostle of Mercy", she received revelations from our Lord Jesus about His "Divine Mercy"

Quotes on the Importance of Eucharistic Adoration

Some of the messages from the Lord Jesus to St. Faustina, about the importance of Eucharistic Adoration in our lives:

"Divine Mercy In My Soul: The Diary of Sister Faustina Kowalski", Marian Press, Aug. 2004.

Jesus speaking to St. Faustina – “Come to Me, all of you...Behold, for you I have established a throne of mercy on earth and from this throne I desire to enter into your heart. I am not surrounded by a retinue of guards. You can come to me at any moment, at any time; I want to speak to you and I desire to grant you grace.”

Jesus speaking to St. Faustina – “I desire that (Eucharistic) Adoration take place for the intention of imploring Mercy for the world.”

Jesus speaking to St. Faustina – “I remind you, My daughter, that as often as you hear the clock strike the third hour (in the afternoon), immerse yourself completely in My mercy, adoring and glorifying it; invoke its omnipotence for the whole world, and particularly for poor sinners...adore in the Most Blessed Sacrament My Heart, which is full of mercy.”

Jesus revealed to St. Faustina at Adoration that “beneath these rays (from the Eucharist) a heart will be warmed even if it were like a block of ice; or hard as rock.”

"I will not allow myself to be so absorbed in the whirlwind of work as to forget about God. I will spend all my free moments at the feet of the Master hidden in the Blessed Sacrament. He has been tutoring me from my most tender years."

Jesus speaking to St. Faustina – “(Daily) adore in the Most Blessed Sacrament My Heart, which is full of mercy.”

"I spend every free moment at the feet of the hidden God. He is my Master; I ask Him about everything; I speak to Him about everything. Here I obtain strength and light." – St. Faustina

"Divine Mercy Prayer Book", Marian Fathers, St. Sister Faustina quotes:

"Not only are we to receive and adore the Eucharist, we must live the Eucharist. We are to let the rays of mercy from the monstrance pass through us and go out through all the world." – St. Faustina

"We are to be icons of mercy, radiating love and mercy to others. There is no greater way to energize ourselves to this task than by spending time in the Presence of the Source of Love and Mercy, Our Lord in the Most Holy Eucharist." – St. Faustina

Jesus speaking to St. Faustina – "My Heart overflows with great mercy for souls, and especially for poor sinners ... for them I dwell in the tabernacle as King of Mercy." – St. Faustina

"If we were to sit for an hour a few feet away from a radioactive element, how much would that change effect us? The Lord is infinitely more powerful than this and if we go to Him seeking grace and mercy, how much more can we hope to be changed?" – St. Faustina

Other St. Sister Faustina Eucharistic Adoration Quotes:

"A Holy Hour before the Most Blessed Sacrament so pleases the Heart of Jesus, that every man, woman and child on earth receives a new effect from God's goodness and love, all because of a single hour of adoration in His Presence." – St. Faustina

When St. Faustina was praying before Jesus in the Holy Eucharist He showed her a vision. Each time a person entered the chapel and visited Jesus exposed in a monstrance, she saw His Divine Rays of Love and Mercy burst forth and encircle the world and everyone in it with graces and blessings! Through Perpetual Eucharistic Adoration Jesus unleashes His rays of healing upon us, our families and the whole world. – St. Faustina